

There are many kinds of bullying hiding in this puzzle. Can you find them all?

UNPKISHISSG
SNIGNHTEGNI
THREATENING
PRUGNIIHSUP
IHNNNTCTTAN
SISNNNPNHSS
SHRUUIUUSRG
OIAPCGNIKOP
GTEASINGIMN
NIRIRNGKSUI

Punching \* Poking \* Teasing \* Gossip \* Threatening Rumors \* Pushing \* Taunting \* Shunning



## "Are these statements True or False?"

- 1. Taunting is a playful thing to do with friends. Both give and take equally and it stops when one becomes upset. True / False
- 2 If you hear a rumor, it must pass through 3 tests before repeating it: 1. Is it true? 2. Is it necessary to repeat? 3. Is it kind? True / False
- 3. If you have bullied someone, you should ignore them and let the hurt fade away. True / False
- 4. If you tell an adult about someone breaking rules to get them INTO trouble... that's tattling. If someone needs help and telling an adult will get them OUT of trouble... TELL. If someone may get into trouble but telling will get someone OUT of trouble, then TELL. True / False

## What to do if you are being bullied... Can you fill in the blanks for these tips?

•	* situations where bully it * Tell the bully to stop "Le ave Me	Teacher
	* If someone is picking on you,	
	* Talk to an adult you can trust, such as a	
_		Parent
_		Alone
 r the bully's a ctions	* Don't vourself for	Confident
THE DUILY S & CHOILS	* Try to act	Administratori
	* Do NOT resort to	

1 = a 2 = b 3 = c 4 = d 5 = e 6 = f 7 = g 8 = h 9 = i	THE GOLDEN RULE!  Match the letters to the numbers and write the secret message!
10 = j 11 = k 12 = l 13 = m 14 = n 15 = o 16 = p 17 = q 18 = r 19 = s 20 = t 21 = u 22 = v 23 = w 24 = x 25 = y 26 = z	20 18 5 1 20 15 20 8 5 18 19
	20     8     5     23     1     25     25     15     21     23     1     14     20

## THE BYSTANDER MAZE

What can you do if you see someone being picked on?

Be a HERO by choosing the responses that can help!

Watch out for the dead-end choices that help the bully!

